



NUTRITION INFORMATION

ESPRESSO

	Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Caffeine (mg)	Allergens* Egg	Dairy	Peanut	Soy	Tree Nut	Wheat
DOPPIO	5	0	0	0	0	10	<1	0	0	0	0	120-150						
CAFE CUBANO	50	0	0	0	0	10	13	0	12	12	0	120-150						
CAFFE MACCHIATO	20	1	0.5	0	<5	20	2	0	1	0	<1	120-150		✓				
CORTADO	40	2	1	0	5	30	4	0	3	0	2	120-150		✓				
CORTADITO	80	2	1	0	5	30	16	0	15	12	2	120-150		✓				
FLAT WHITE	70	4	2	0	10	55	6	0	6	0	4	120-150		✓				
CAPPUCCINO	110	6	3	0	15	80	9	0	9	0	5	120-150		✓				
AMERICANO <small>REGULAR</small>	5	0	0	0	0	15	<1	0	0	0	0	120-150						
AMERICANO <small>LARGE</small>	10	0	0	0	0	25	1	0	0	0	0	180-225						
CAFFE LATTE <small>REGULAR</small>	180	9	5	0	30	130	14	0	14	0	9	120-150		✓				
CAFFE LATTE <small>LARGE</small>	230	12	7	0	35	170	19	0	19	0	12	180-225		✓				
CAFE CON LECHE <small>REGULAR</small>	270	9	5	0	30	130	38	0	38	24	9	120-150		✓				
CAFE CON LECHE <small>LARGE</small>	370	12	7	0	35	170	55	0	55	36	12	180-225		✓				

COLD BREW

	Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Caffeine (mg)	Allergens* Egg	Dairy	Peanut	Soy	Tree Nut	Wheat
COLD BREW REGULAR	5	0	0	0	0	5	<1	0	0	0	0	200						
COLD BREW LARGE	10	0	0	0	0	10	1	0	0	0	0	300						
VANILLA CARAMEL COLD BREW REGULAR	105	0	0	0	0	40	25	0	25	25	0	200						
VANILLA CARAMEL COLD BREW LARGE	135	0	0	0	0	45	30	0	30	30	0	300						
COLD BREW BOTTLE 12 oz	5	0	0	0	0	5	0	0	0	0	0	200						
GROWLER 1/2 GALLON	35	0	0	0	0	75	0	0	0	0	4	800						

FRESH BREWED COFFEE

	Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Caffeine (mg)	Allergens* Egg	Dairy	Peanut	Soy	Tree Nut	Wheat
HOT OR ICED COFFEE REGULAR	5	0	0	0	0	5	0	0	0	0	0	150						
HOT OR ICED COFFEE LARGE	10	0	0	0	0	10	0	0	0	0	0	170						
CAFE AUT LAIT REGULAR	240	18	12	0	90	180	6	0	6	0	0	100		✓				
CAFE AUT LAIT LARGE	320	24	16	0	120	240	8	0	8	0	0	114		✓				
HOT COFFEE CARAFE 96 oz	55	0	0	0	0	55	0	0	0	0	3	1020						
FRENCH PRESS REGULAR	5	0	0	0	0	5	0	0	0	0	0	170						
FRENCH PRESS LARGE	10	0	0	0	0	10	0	0	0	0	0	192						
POUR OVER	5	0	0	0	0	5	0	0	0	0	0	170						
SIPHON	5	0	0	0	0	5	0	0	0	0	0	170						

TEAS & MORE

	Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Caffeine (mg)	Allergens* Egg	Dairy	Peanut	Soy	Tree Nut	Wheat
CHAI LATTE <small>REGULAR</small>	225	7	4	0	22	90	35	0	35	24	7	45		✓				
CHAI LATTE <small>LARGE</small>	300	9	5	0	30	120	45	0	45	31	9	60		✓				
MATCHA LATTE <small>REGULAR</small>	308	10	6	0	47	160	0	0	14	0	10	20-30		✓				
MATCHA LATTE <small>LARGE</small>	410	12	8	0	53	180	0	0	17	0	12	24-36		✓				
HOT TEA <small>REGULAR</small>	0	0	0	0	0	0	0	0	0	0	0	0-50						
HOT TEA <small>LARGE</small>	0	0	0	0	0	0	0	0	0	0	0	0-50						
VANILLA SPICED CHAI ICED TEA SHAKER <small>REGULAR</small>	75	0	0	0	0	0	18	0	17	0	0	30						
VANILLA SPICED CHAI ICED TEA SHAKER <small>LARGE</small>	100	0	0	0	0	0	24	0	23	0	0	50						
LAVENDER FOG ICED TEA SHAKER <small>LARGE</small>	180	9	6	0	45	90	20	0	20	0	3	30		✓				
LAVENDER FOG ICED TEA SHAKER <small>LARGE</small>	320	15	10	0	74	150	39	0	39	0	5	50		✓				
ORANGE-ROSE LEMONADE ICED TEA SHAKER <small>REGULAR</small>	25	0	0	0	0	38	9.5	0	8	8	0	30		✓				
ORANGE-ROSE LEMONADE ICED TEA SHAKER <small>LARGE</small>	38	0	0	0	0	56	15	0	12	12	0	50						
HOT CHOCOLATE <small>REGULAR</small>	82	1	1	0	0	0	20	1	17	17	1	>40	✓	✓			✓	✓
HOT CHOCOLATE <small>LARGE</small>	100	1	1	0	0	0	24	2	21	21	1	>40	✓	✓			✓	✓

**FROM
THE BAKERY**

	Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Allergens*	Egg	Dairy	Peanut	Soy	Tree Nut	Wheat
CINNAMON ROLL	380	19	9	0	0	400	47	2	19	18	5		✓	✓		✓		✓
CROISSANT	230	13	10	0	40	270	25	1	3	0	4			✓				✓
CHOCOLATE CROISSANT	480	28	14	0	24	221	49	2	15	12	8		✓			✓	✓	✓
BLUEBERRY MUFFIN	620	31	6	0	125	420	77	1	43	40	10		✓	✓		✓		✓
DOUBLE CHOCOLATE MUFFIN	450	13	3.5	0	125	420	81	3	45	40	9		✓	✓		✓		✓
BANANA BREAD	370	18	3	0	50	250	47	2	26	21	5		✓	✓		✓	✓	✓
LEMON BREAD	440	21	6	0	90	310	58	1	40	39	5		✓	✓		✓	✓	✓
CHOCOLATE CHIP COOKIE	360	17	7	0	0	260	52	0	28	19	4		✓	✓			✓	✓
OATMEAL CREAM PIE COOKIE	470	20	8	0	0	570	69	2	34	19	5					✓		
FOX SHORTBREAD COOKIE	350	12	7	0	50	610	56	1	23	23	6		✓	✓				✓
CAKE POP BIRTHDAY CAKE	130	6	2.5	0	25	190	14	0	12	11	2		✓	✓		✓		✓
CAKE POP COOKIES & CREAM	130	7	3	0	15	170	15	0	13	10	2		✓	✓		✓		✓

FOOD MENU

	Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Allergens*	Egg	Dairy	Peanut	Soy	Tree Nut	Wheat
ENGLISH MUFFIN	280	11	4.5	0	80	550	31	0	2	1	14		✓	✓				✓
EGG, HAM & CHEESE CROISSANT	340	18	9	0	90	720	26	0	3	3	17		✓	✓		✓		✓
TURKEY SAUSAGE BAGEL SANDWICH	360	11	6	0	55	830	45	0	6	3	24		✓	✓				✓
BACON & CHEESE EGG BITE	110	8	3.5	0	115	310	2	0	13	10	8		✓	✓				
THREE CHEESE EGG BITE	90	6	3	0	120	260	2	0	1	0	7		✓	✓				
PLAIN BAGEL	230	0	0	0	0	350	49	0	6	0	8							✓
EVERYTHING BAGEL	290	0	0	0	0	670	59	0	6	0	10							✓
HAM & SWISS BAGUETTE	480	18	10	0	70	1220	50	5	2	0	32			✓				✓
CAPRESE PANINI	610	22	11	0	50	460	70	0	2	0	29			✓				✓
TURKEY, HAM & CHEESE PRETZEL BUN	480	15	5	0	60	1680	56	0	5	3	31		✓			✓	✓	✓
HASHBROWN & SAUSAGE SANDWICH	290	22	10	0	135	370	8	0	1	0	16							
OLD FASHIONED DONUT	370	20	10	0	10	220	44	0	27	25	3		✓	✓		✓		✓

GELATO

	Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Allergens*	Egg	Dairy	Peanut	Soy	Tree Nut	Wheat
TAHITIAN VANILLA <small>GLUTEN-FREE</small>	190	10	42	0	16	60	28	4	24	16	6							
	285	15	63	0	24	90	42	6	36	24	9							
COOKIE & CREME	242	12	8	0	16	104	32	4	26	18	6		✓	✓		✓		
	363	18	12	0	24	156	48	6	39	27	9							
BIRTHDAY CAKE	254	10	10	0	28	66	32	4	28	20	6		✓	✓				
	381	15	15	0	42	99	48	6	42	30	9							
CHOCOLATE CLASSICO <small>GLUTEN-FREE</small>	220	12	8	0	22	72	26	2	22	12	6		✓	✓				
	330	18	12	0	33	108	39	3	33	18	9							
RASPBERRY CHEESECAKE <small>GLUTEN-FREE</small>	220	8	6	0	16	66	32	4	28	20	4			✓				
	330	12	9	0	24	99	48	6	42	30	6							
BLUE MONSTER	232	12	8	0	12	100	32	4	24	18	4			✓		✓		✓
	348	18	12	0	18	150	48	6	36	27	6							
MINT CHOCOLATE CHIP <small>GLUTEN-FREE</small>	242	14	12	0	16	56	30	4	26	20	6			✓		✓		
	363	21	18	0	24	84	45	6	39	30	9							
SICILIAAN PISTACHIO	210	8	4	0	12	60	28	12	24	6	6			✓			✓	
	315	12	6	0	18	90	42	18	36	9	9							
CASHEW-BASED SALTED CARAMEL <small>GLUTEN-FREE</small>	210	12	8	0	0	176	28	4	16	14	2						✓	
	315	18	12	0	0	264	42	6	24	21	3							
LEMON SORBETTO <small>GLUTEN-FREE</small>	142	2	0	0	0	12	36	4	26	22	0							
	213	3	0	0	0	18	54	6	39	33	0							

AVAILABLE AT SELECT LOCATIONS.

VALUES SHOWN:

SMALL (2 SCOOPS)*

LARGE (3 SCOOPS)*

SEASONAL DRINKS 2025

	Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugar (g)	Protein (g)	Caffeine (mg)	Allergens* Egg	Dairy	Peanut	Soy	Tree Nut	Wheat
PISTACHIO MACARON LATTE <small>REGULAR</small>	300	10	6.25	0	43.75	182.5	43.75	0	29.5	12.5	10	120-150		✓			✓	
PISTACHIO MACARON LATTE <small>LARGE</small>	437.5	14	8.75	0	61.25	258.75	65.75	0	45.75	20.25	14	180-225		✓			✓	
MATCHA WITH STRAWBERRY FOAM <small>REGULAR</small>	385.6	17.5	11.5	0	73.75	157.5	27	0	11.75	11.75	10	20-30		✓				
MATCHA WITH STRAWBERRY FOAM <small>LARGE</small>	392	17.5	11.5	0	73.75	157.5	28.5	0	13.25	13.25	10	24-36		✓				