

Signature Drinks	
ESPRESSO DRINKS	INGREDIENTS
Espresso (Doppio)	Espresso: Arabica Coffee, filtered water
add Orange Bitters	Espresso: Arabica Coffee, filtered water, Bitters: Alcohol, distilled water, fresh organic orange peel, organic herbs and spices
add Lavender Bitters	Espresso: Arabica Coffee, filtered water, Bitters: Alcohol, distilled water, organic lavender, organic herbs and spices
Café Cubano	Espresso: Arabica Coffee, filtered water, Granulated White Sugar
Macchiato	Espresso: Arabica Coffee, filtered water, Milk
Cortado	Espresso: Arabica Coffee, filtered water, Milk
Cortadito	Espresso: Arabica Coffee, filtered water, Granulated White Sugar, Milk
Flat White	Espresso: Arabica Coffee, filtered water, Milk
Cappuccino	Espresso: Arabica Coffee, filtered water, Milk
Americano (Regular)	Espresso: Arabica Coffee, filtered water
Americano (Large)	Espresso: Arabica Coffee, filtered water
Caffè Latte (Regular)	Espresso: Arabica Coffee, filtered water, Milk
Caffè Latte (Large)	Espresso: Arabica Coffee, filtered water, Milk
Café Con Leche (Regular)	Espresso: Arabica Coffee, filtered water, Milk, Granulated White Sugar
Café Con Leche (Large)	Espresso: Arabica Coffee, filtered water, Milk, Granulated White Sugar
COLD BREW	INGREDIENTS
Foxtail Cold Brew (Regular)	Cold Brew: Arabica Coffee, Filtered Water
Foxtail Cold Brew (Large)	Cold Brew: Arabica Coffee, Filtered Water
Vanilla Caramel Cold Brew (Regular)	Cold Brew: Arabica Coffee, Filtered Water, Vanilla: Pure Cane Sugar, Water, Natural Flavors, Natural Vanilla Extract, Fruit or Vegetable Juice (Color), Caramel: Pure Cane Sugar, Water, Natural Flavors, Fruit Juice (Color), Natural Caramel Flavor.
Vanilla Caramel Cold Brew (Large)	Cold Brew: Arabica Coffee, Filtered Water, Vanilla: Pure Cane Sugar, Water, Natural Flavors, Natural Vanilla Extract, Fruit or Vegetable Juice (Color), Caramel: Pure Cane Sugar, Water, Natural Flavors, Fruit Juice (Color), Natural Caramel Flavor.
Cubano Cold Brew (Regular)	Cold Brew: Arabica Coffee, Filtered Water, Syrup: Granulated White Sugar, Filtered Water
Cubano Cold Brew (Large)	Cold Brew: Arabica Coffee, Filtered Water, Syrup: Granulated White Sugar, Filtered Water
Coconut Mocha Cold Brew (Regular)	Cold Brew: Arabica Coffee, Filtered Water, Coconut Syrup: Pure Cane Sugar, Water, Natural Flavors, Citric Acid, Mocha Syrup: Sugar, cocoa processed with alkali, creamer (coconut oil, maltodextrin, sodium caseinate (milk derivative), silicon dioxide, sodium citrate, soy lecithin), nonfat dry milk, whey powder, salt, guar gum, gum arabic, natural flavor (contains dairy), silicon dioxide (to prevent caking).
Coconut Mocha Cold Brew (Large)	Cold Brew: Arabica Coffee, Filtered Water, Coconut Syrup: Pure Cane Sugar, Water, Natural Flavors, Citric Acid, Mocha Syrup: Sugar, cocoa processed with alkali, creamer (coconut oil, maltodextrin, sodium caseinate (milk derivative), silicon dioxide, sodium citrate, soy lecithin), nonfat dry milk, whey powder, salt, guar gum, gum arabic, natural flavor (contains dairy), silicon dioxide (to prevent caking).
Cold Brew Bottle (12 oz)	Cold Brew: Arabica Coffee, Filtered Water

Growler (.5 gallons)	Cold Brew: Arabica Coffee, Filtered Water
FRESH BREW	INGREDIENTS
Hot Coffee (Regular)	Coffee: Arabica Coffee, Filtered Water
Hot Coffee (Large)	Coffee: Arabica Coffee, Filtered Water
Iced Coffee (Regular)	Coffee: Arabica Coffee, Filtered Water
Iced Coffee (Large)	Coffee: Arabica Coffee, Filtered Water
Hot Coffee Carafe	Coffee: Arabica Coffee, Filtered Water
BREWED-TO-ORDER	INGREDIENTS
French Press (Regular)	Coffee: Arabica Coffee, Filtered Water
French Press (Large)	Coffee: Arabica Coffee, Filtered Water
Pour Over	Coffee: Arabica Coffee, Filtered Water
Siphon	Coffee: Arabica Coffee, Filtered Water
Cafe Su Da	Coffee: Arabica Coffee, Filtered Water, Condensed Milk
TEA & MORE	INGREDIENTS
Chai Latte (Regular)	Chai: Water, Sugar, Natural Flavor, Organic Cane Sugar, Tea, Organic Spice Extracts, Organic Honey, Potassium Sorbate and Sodium Benzoate (Preservatives), Milk, cinnamon
Chai Latte (Large)	Chai: Water, Sugar, Natural Flavor, Organic Cane Sugar, Tea, Organic Spice Extracts, Organic Honey, Potassium Sorbate and Sodium Benzoate (Preservatives), Milk, cinnamon
Matcha Latte (Regular)	Matcha Syrup: Matcha Syrup: Sugar, Japanese Green Tea Powder, Milk
Matcha Latte (Large)	Matcha Syrup: Matcha Syrup: Sugar, Japanese Green Tea Powder, Milk
Hot Tea (Regular)	Botanik Tea, Filtered Water
Hot Tea (Large)	Botanik Tea, Filtered Water
London Fog (Regular)	Botanik Tea, Filtered Water, Half n Half Milk, Vanilla: Pure Cane Sugar, Water, Natural Flavors, Natural Vanilla Extract, Fruit or Vegetable Juice (Color)
London Fog (Large)	Botanik Tea, Filtered Water, Half n Half Milk, Vanilla: Pure Cane Sugar, Water, Natural Flavors, Natural Vanilla Extract, Fruit or Vegetable Juice (Color)
Hot Chocolate (Regular)	Milk, Vanilla: Pure Cane Sugar, Water, Natural Flavors, Natural Vanilla Extract, Fruit or Vegetable Juice (Color), Mocha Syrup: Sugar, cocoa processed with alkali, creamer (coconut oil, maltodextrin, sodium caseinate (milk derivative), silicon dioxide, sodium citrate, soy lecithin), nonfat dry milk, whey powder, salt, guar gum, gum arabic, natural flavor (contains dairy), silicon dioxide (to prevent caking).
Hot Chocolate (Large)	Milk, Vanilla: Pure Cane Sugar, Water, Natural Flavors, Natural Vanilla Extract, Fruit or Vegetable Juice (Color), Mocha Syrup: Sugar, cocoa processed with alkali, creamer (coconut oil, maltodextrin, sodium caseinate (milk derivative), silicon dioxide, sodium citrate, soy lecithin), nonfat dry milk, whey powder, salt, guar gum, gum arabic, natural flavor (contains dairy), silicon dioxide (to prevent caking).
Hot Chocolate Carafe	Milk, Vanilla: Pure Cane Sugar, Water, Natural Flavors, Natural Vanilla Extract, Fruit or Vegetable Juice (Color), Mocha Syrup: Sugar, cocoa processed with alkali, creamer (coconut oil, maltodextrin, sodium caseinate (milk derivative), silicon dioxide, sodium citrate, soy lecithin), nonfat dry milk, whey powder, salt, guar gum, gum arabic, natural flavor (contains dairy), silicon dioxide (to prevent caking).

Chocolate Milk (Regular)	Milk, Vanilla: Pure Cane Sugar, Water, Natural Flavors, Natural Vanilla Extract, Fruit or Vegetable Juice (Color), Mocha Syrup: Sugar, cocoa processed with alkali, creamer (coconut oil, maltodextrin, sodium caseinate (milk derivative), silicon dioxide, sodium citrate, soy lecithin), nonfat dry milk, whey powder, salt, guar gum, gum arabic, natural flavor (contains dairy), silicon dioxide (to prevent caking).
Chocolate Milk (Large)	Milk, Vanilla: Pure Cane Sugar, Water, Natural Flavors, Natural Vanilla Extract, Fruit or Vegetable Juice (Color), Mocha Syrup: Sugar, cocoa processed with alkali, creamer (coconut oil, maltodextrin, sodium caseinate (milk derivative), silicon dioxide, sodium citrate, soy lecithin), nonfat dry milk, whey powder, salt, guar gum, gum arabic, natural flavor (contains dairy), silicon dioxide (to prevent caking).
8oz of Whole Milk (Steamer)	Whole Milk
12 oz of Whole Milk (Regular)	Whole Milk
16 oz of Whole Milk (Large)	Whole Milk
Foxtail Vanilla Cardamom Chai (Regular)	Black Tea*, Cinnamon*, Cardamom*, Clove*, Ginger Root*, Black Pepper*, Filtered Water, Cinnamon, Bitters: Alcohol, distilled water, organic cardamom, organic herbs and spices, Vanilla: Pure Cane Sugar, Water, Natural Flavors, Natural Vanilla Extract, Fruit or Vegetable Juice (Color),
Foxtail Vanilla Cardamom Chai (Large)	Black Tea*, Cinnamon*, Cardamom*, Clove*, Ginger Root*, Black Pepper*, Filtered Water, Cinnamon, Bitters: Alcohol, distilled water, organic cardamom, organic herbs and spices, Vanilla: Pure Cane Sugar, Water, Natural Flavors, Natural Vanilla Extract, Fruit or Vegetable Juice (Color),
Lavendar London Fog (Regular)	Black Tea*, Lavender*, Bergamot Oil, Filtered Water, Milk, Honey, Bitters: Alcohol, distilled water, organic lavender, organic herbs and spices
Lavendar London Fog (Large)	Black Tea*, Lavender*, Bergamot Oil, Filtered Water, Milk, Honey, Bitters: Alcohol, distilled water, organic lavender, organic herbs and spices
Orange Rose Lemonade (Regular)	lemonade: sugar, fructose, citric acid, contains less than 2% of maltodextrin, sodium acid pyrophosphate, magnesium oxide, sodium citrate, ascorbic acid (vitamin c), natural flavor, artificial color, yellow 5 lake, soy lecithin, tocopherol (preserves freshness), Bitters: Alcohol, distilled water, fresh organic orange peel, organic herbs and spices, Rosehips*, Chamomile*, Hibiscus*, Orange Peel*, Cranberries*, Rooibos*, Natural Flavor
Orange Rose Lemonade (Large)	lemonade: sugar, fructose, citric acid, contains less than 2% of maltodextrin, sodium acid pyrophosphate, magnesium oxide, sodium citrate, ascorbic acid (vitamin c), natural flavor, artificial color, yellow 5 lake, soy lecithin, tocopherol (preserves freshness), Bitters: Alcohol, distilled water, fresh organic orange peel, organic herbs and spices, Rosehips*, Chamomile*, Hibiscus*, Orange Peel*, Cranberries*, Rooibos*, Natural Flavor
SEASONAL FOOD ITEMS 2025	
Pumpkin Muffin	Sugar, bleached wheat flour, eggs, soybean oil, water, pumpkin puree, cream cheese (pasteurized cultured milk and cream, salt, gums of xanthan, carob bean, and or guar), modified corn starch, leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), dairy whey, soy flour, sour cream, wheat gluten, natural & artificial flavors ,salt, emulsifiers (sodium stearoyl lactylate, propylene glycol monoesters, monoglycerides), pumpkin spice, natural & artificial vanilla flavor, potassium sorbate.

Pumpkin Cake Pop	White chocolate (sugar, cocoa butter, nonfat dry milk, butter oil, soy lecithin [emulsifier], natural flavor), all-purpose flour (wheat flour, niacin, reduced iron, ascorbic acid, thiamine mononitrate, riboflavin, amylase, folic acid), sugar, liquid whole eggs, water, pumpkin puree, canola oil, cake blend (whey powder, enriched unbleached wheat flour, baking powder, rice flour, sugar, dextrose, modified corn starch, salt, polyglycerol esters of fatty acids, corn starch, xanthan gum, natural flavor), confectioner's sugar (refined sugar, corn starch), liquid egg whites, natural preservative (vinegar, enriched wheat flour, tartaric acid, gum acacia, dextrose, stevia extract, natural flavor, salt, enzyme), sugar pearls (sugar [dextrin, maltodextrin, apple juice concentrate, carrot juice concentrate{for color}], corn starch, paprika oleoresin [for color], lacquer, carnauba wax, gum arabic, activated carbon, colors {yellow 6, yellow 5, red 40, blue 1}), ground cloves, ground cinnamon, yellow 6, ground ginger, red 40, blue 1. unbleached wheat flour, baking powder, rice flour, sugar, dextrose, modified corn starch, salt, polyglycerol esters of fatty acids, corn starch, xanthan gum, natural flavor), confectioner's sugar (refined sugar, corn starch), liquid egg whites, natural preservative (vinegar, enriched wheat flour, tartaric acid, gum acacia, dextrose, stevia extract, natural flavor, salt, enzyme), sugar pearls (sugar [dextrin, maltodextrin, apple juice concentrate, carrot juice concentrate{for color}], corn starch, paprika oleoresin [for color], lacquer, carnauba wax, gum arabic, activated carbon, colors {yellow 6, yellow 5, red 40, blue 1}), ground cloves, ground cinnamon, yellow 6, ground ginger, red 40, blue 1.
Pumpkin Gelato	Milk, Pumpkin, Cane Sugar, Coconut Oil, Dextrose, Chicory Root Fiber, Whey Protein Concentrate, Spices (Including Cinnamon And Nutmeg), Mono- And Diglycerides, Sucrose Esters, Carob Gum, Guar Gum, Lactic Acid Esters, Natural Flavor.
Pumpkin Cream Cheese	Whipped Cream Cheese: Pasteurized Milk And Cream, Whey Protein Concentrate, Modified Food Starch, Salt, Cheese Culture, Guar Gum, Lactic Acid, Carob Bean Gum, Xanthan Gum, Natamycin (a Natural Mold Inhibitor), Cinnamon, Nutmeg, Pumpkin Puree, Pumpkin Real Syrup: Sugar, Pumpkln Puree, Glycerol, Water, Seasonings, Sodium Alginate, Potassium Sorbate (to preserve freshness), Maple Spice Syrup:Pure Cane Sugar, Water, Maple Syrup, Natural Flavors, Citric Acid.
Chocolate Mint Cake Pop	Milk chocolate (sugar, cocoa butter, unsweetened chocolate, whole milk powder,nonfat dry milk, soy lecithin [emulsifier], vanilla extract), chocolate (unsweetenedchocolate, sugar, cocoa butter, soy lecithin [emulsifier], anilla extract), confectioners, sugar (refined sugar, corn starch), all purpose flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, ascorbic acid, amylase), sugar, liquid whole eggs, water, canola oil, cake blend (whey powder, enriched unbleached wheat flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid],baking powder, rice flour, sugar, dextrose, modified corn starch, salt, polyglycerol esters of fatty acids, corn starch, xanthan gum, natural flavor), green mint syrup (cane sugar, water, natural mint flavor, Yellow 5, Blue 1), liquid egg whites, cocoa powder (processed with alkali), natural preservative (vinegar, enriched wheat flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], tartaric acid, gum acacia, dextrose, stevia extract, natural flavor, salt, enzyme), sugar pearls (sugar, dextrin, apple juice concentrate [for color], carrot juice concentrate [for color]), corn starch, spirulina [for color], curcumin [for color], shellac, paprika oleoresin [for color], carnauba wax, gum arabic, blue 1, yellow 5, red 40), natural eppermint oil flavor.
Gingerbread Fox Cookie	Flour [Wheat Flour, Niacin, Reduced Iron, Potassium Bromate, Thiamin Mononitrate, Riboflavin, Enzyme, Folic Acid], Brown Sugar, Unsalted Butter, Molasses, Powdered Sugar [Sugar, Cornstarch], Whole Eggs, Egg Whites [Egg Whites, Guar Gum and Triethyl Citrate], Vanilla [Water, Artificial Flavor, Caramel Color, Citric Acid, Sodium Benzoate], Ground Cinnamon, Ground Ginger, Salt [Salt, Yellow Prussiate of Soda], Baking Powder [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Cornstarch, and Monocalcium Phosphate], Ground Cloves, Margarine [Vegetable Oil Blend (Palm Oil & Soybean Oil), Water, Salt, Contains Less Than 2% Of Soy Lecithin, Vegetable Mono & Diglycerides, Potassium Sorbate (A Preservative), Citric Acid, Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added, Whey], Red Food Color [Water, High Fructose Corn Syrup, Glycerine, FD&C Red 40 (E129), Sugar, Modified Food Starch, Xanthan Gum, Carrageenan Gum, Potassium Sorbate and Sodium Benzoate (Preservatives), Citric Acid], Black Food Color [Water, High Fructose Corn Syrup, Glycerine, FD&C Red 40 (E129), Sugar, FD&C Blue 1 (E133), Modified Food Starch, FD&C Yellow 5 (E102), FD&C Blue 2 (E132), Citric Acid, Sodium Benzoate and Potassium Sorbate (Preservatives), Carrageenan Gum, Xanthan Gum].
White Peppermint Bark Gelato	MILK, CANE SUGAR, COCONUT OIL, CHICORY ROOT FIBER, 2% OR LESS OF PEPPERMINT OIL, NATURAL FLAVORS, DEXTROSE, COCOA BUTTER, RICE SYRUP, VEGETABLE JUICE FOR COLOR, SUNFLOWER OIL, SUNFLOWER LECITHIN, COCOA (PROCESSED WITH ALKALI), COCOA, CAROB GUM, GUAR GUM, WHEY PROTEIN CONCENTRATE, LACTIC ACID ESTERS, SUCROSE ESTERS, MONO-AND DIGLYCERIDES.
SEASONAL DRINKS 2025	

Pumpkin Spice Latte (Regular)	
Pumpkin Spice Latte (Large)	
	Espresso: Arabica Coffee, filtered water, Milk, Cinnamon, Pumpkin Puree: 44% pumpkin with cane sugar, cinnamon, ginger, nutmeg and clove blended with cane sugar syrup
Cold Brew Old Fashioned (Regular)	Cold Brew: Arabica Coffee, filtered water, Oak Barrel Concentrate: Vegetable Glycerine, Natural Flavors, Water, Natural Vanilla Extract, Orange Bitters: Alcohol, distilled water, fresh organic orange peel, organic herbs and spices, Simple Syrup: White Granulated Sugar, Filtered Water
Peppermint Mocha Latte (Regular)	
Peppermint Mocha Latte (Large)	
	Espresso: Arabica Coffee, filtered water, Milk, Mocha Syrup: Mocha Syrup: Sugar, cocoa processed with alkali, creamer (coconut oil, maltodextrin, sodium caseinate (milk derivative), silicon dioxide, sodium citrate, soy lecithin), nonfat dry milk, whey powder, salt, guar gum, gum arabic, natural flavor (contains dairy), silicon dioxide (to prevent caking). Peppermint Syrup: Pure Cane Sugar, Water, Natural Flavors.
Gingerbread Latte (Regular)	
Gingerbread Latte (Large)	
	espresso: arabica coffee, filtered water, milk, heavy cream, cinnamon, banana syrup: Pure Cane Sugar, Water, Natural Flavors, Citric Acid, Fruit and Vegetable Juice (Color), Gingerbread Syrup, Pure Cane Sugar, Water, Natural Flavors, Citric Acid.
Creme Brulee Latte (Regular)	
Creme Brulee Latte (Large)	
	espresso: arabica coffee, filtered water, milk, Vanilla Creme Syrup: Pure Cane Sugar, Water, Natural Flavors, Citric Acid, Natural Vanilla Flavor, Caramel Sauce: Sugar, Water, Nonfat Dry Milk, Corn Syrup, Milk Fat, Fructose, Natural Flavors, Modified Food Starch, Contains 0.5% Or Less Of The Following: Caramel Color, Salt, Mono & Diglycerides, Disodium Phosphate, Potassium Sorbate (preservative),citric Acid

Eggnog Latte (Regular)	
Eggnog Latte (Large)	espresso: arabica coffee, filtered water, milk, eggnog: milk, cane syrup, cream, egg nog base (high fructose corn syrup, egg yolks, corn syrup, sugar, natural and artificial flavor, annatto [turmeric extract for color]), high fructose corn syrup, whey, nonfat milk, stabilizer (dextrose, cellulose gum, carrageenan, guar gum), Cinnamon
MAIN FOODS	INGREDIENT LIST
Plain Croissant	WHEAT FLOUR, BUTTER, WATER, SUGAR, YEAST, EGGS, WHEAT GLUTEN, SALT DRIED SKIMMED MILK, CREAM POWDER, FLOUR, TREATMENT AGENT, ASORBIC ACID, ENZYMES
Chocolate Croissant	WHEAT FLOWER, SHORTENING (VEGTABLE PALM FAT, WATER, VEGTABLE SUNFLOWER OIL, ACIDITY REGULATOR, CITRIC ACID, SODIUM CITRATES, SALT, EMULSIFIER, MONO AND DIGLYCERIDES OF FATTY ACIDS), CHOCOLATE CREAM 15% (SUGAR, VEGTABLE FATS, COCONUT, PALM-KERNEL, PALM, SUNFLOWER, GRAPESEED), DARK CHOCOLATE 14% (LOW FAT COCOA POWDER, COCOA PASTE, SUGAR), LOW FAT SOY FLOUR, MALTED BARLEY FLOUR, SALT, WHEAT GLUTEN, NATURAL DIGLYCERIDES OF FATTY ACIDS, VEGTABLE FIBER, ANTICAKING AGENT, CALCIUM CARBONATE, DEXTROSE, NATURAL FLAVOURINGS, WHEAT AND CORN MALT, STABILIZER, XANTHAN GUM, ANTIOXIDANT, ASCORBIC ACCID.
Blueberry Muffin	SUGAR, BLEACHED WHEAT FLOUR, EGGS, SOYBEAN OIL, BLUEBERRIES, WATER, ENRICHED WHEAT FLOUR (WHEAT, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, MARGARINE (VEGETABLE OIL BLEND [PALM FRUIT, SOYBEAN AND OLIVE OILS], WATER, SALT, NON-FAT DRY MILK, SOY LECITHIN, MONO AND DIGLYCERIDES, ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE COLOR), BROWN SUGAR, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), DAIRY WHEY, SOY FLOUR, WHEAT GLUTEN, YOGURT, SALT, NATURAL AND ARTIFICIAL FLAVORS, EMULSIFIERS (SODIUM STEAREOYL LACTYLATE, PROPYLENE GLYCOL MONOESTERS, MONGLYCERIDES), CINNAMON, NATURAL & ARTIFICIAL VANILLA FLAVOR.
Double Chocolate Chip Muffin	SUGAR, BLEACHED WHEAT FLOUR, CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, SOY LECITHIN, NATURAL VANILLA), EGGS, SOYBEAN OIL, WATER, COCOA PROCESSED WITH ALKALI, MODIFIED CORN STARCH, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), DAIRY WHEY, SOY FLOUR, SOUR CREAM, WHEAT GLUTEN, SALT, NATURAL AND ARTIFICIAL FLAVORS, EMULSIFIERS (SODIUM STEAREOYL LACTYLATE, PROPYLENE GLYCOL MONOESTERS, MONGLYCERIDES).
Banana Bread	BANANAS, SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, EGGS, BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WALNUTS, MONO- AND DIGLYCERIDES, BAKING POWDER (BAKING SODA, SODIUM ACID PYROPHOSPHATE, CORNSTARCH, MONOCALCIUM PHOPSHATE), SALT, POTASSIUM SORBATE (PRESERVATIVE), XANTHAN GUM, SPICE, NATURAL FLAVOR, CELLULOSE GUM, SOY LECITHIN.
Lemon Pound Cake	CAKE: SUGAR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGGS, SOYBEAN OIL, WATER, BUTTER (CREAM, NATURAL FLAVOR), LEMON JUICE, NONFAT DRY MILK, NATURAL FLAVOR, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, CORNSTARCH, MONOCALCIUM PHOSPHATE), FOOD STARCH-MODIFIED, SALT, SOY LECITHIN, WHEAT GLUTEN, GUAR GUM, XANTHAN GUM, BETA-CAROTENE (COLOR). ICING: ICING SUGAR (SUGAR, CORNSTARCH), PALM OIL SHORTENING, LEMON JUICE, CORN SYRUP, GUAR GUM, NATURAL FLAVOR.
English Muffin Sandwich	ENGLISH MUFFIN [ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, CONTAINS 2% OR LESS OF THE FOLLOWING: SUGAR, WHEAT GLUTEN, VINEGAR, SOYBEAN OIL, SALT, YELLOW CORN MEAL, MONOCALCIUM PHOSPHATE, DATUM, CALCIUM PROPIONATE (PRESERVATIVE), ENZYMES, ASCORBIC ACID], SCRAMBLED EGG PATTY [WHOLE EGGS, WATER, SOYBEAN OIL, MODIFIED FOOD STARCH, WHEY SOLIDS, SALT, NONFAT DRIED MILK, CITRIC ACID], WHITE CHEDDAR CHEESE [PASTEURIZED MILK, CULTURES, SALT, ENZYMES], CANADIAN BACON [CURED WITH WATER, SUGAR, SALT, POTASSIUM, ACETATE, SODIUM PHOSPHATE. SODIUM ERYTHORBATE,POTASSIUM DIACETATE, SODIUM NITRITE].

Croissant Sandwich	CROISSANT [ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, MARGARINE (PALM OIL, WATER, SOYBEAN OIL, SUGAR, SOY LECITHIN, MONO-& DIGLYCERIDES, POTASSIUM SORBATE (PRESERVATIVE), CITRIC ACID (PRESERVATIVE), NATURAL FLAVOR, BETA-CAROTENE (COLOR), VITAMIN A PALIMATE), SUGAR, YEAST, CONTAINS LESS THAN 2% OF THE FOLLOWING: WHEY, SALT, MODIFIED CORN STARCH, CALCIUM PROPIONATE (PRESERVATIVE), NATURAL & ARTIFICIAL FLAVORS, CALCIUM SULFATE, ASCORBIC ACID, ENZYMES], SLICED HAM (CURED WITH WATER, SALT, SODIUM PHOSPHATE, POTASSIUM ACETATE, SODIUM ERYTHORBATE, POTASSIUM DIACETATE, SODIUM NITRITE), SCRAMBLED EGG PATTY [WHOLE EGGS, WATER, SOYBEAN OIL, MODIFIED FOOD STARCH, WHEY SOLIDS, SALT, NONFAT DRIED MILK, CITRIC ACID], SMOKED GOUDA CHEESE [PASTEURIZED MILK, SALT, CHEESE CULTURE, ENZYMES, ANATTO COLORING].
Bagel Sandwich	PLAIN BAGEL [ENRICHED FLOUR (WHEAT FLOUR, MALTER BARLEY, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), EGG WHITE PATTY [EGG OR EGG DERIVATIVES, MILK OR MILK DERIVATIVES], TURKEY SAUSAGE [TURKEY, DEXTOSE, SALT, POTASSIUM CHLORIDE, SPICES, SUGAR, DEHYDRATED ONION, GROUND CELERY SEED], PEPPER JACK CHEESE [PASTURIZED MILK, SALT, CHEESE CULTURE, ENZYMES, HABENERO PEPPER]
Loaded Hashbrown & Sausage Sandwich	SAUSAGE PATTY [PORK, WATER, SALT, SPICES (BLACK AND WHITE PEPPER, RED PEPPER, GINGER, SAGE), LESS THAN 2% OF SUGAR, DEXTROSE, ISOLATED CARROT PRODUCT], SHREDDED HASH BROWNS [POTATOES], LIQUID WHOLE EGG [WHOLE EGG, CITRIC ACID], CHEDDAR CHEESE PRODUCT [CHEESE (CULTURED MILK, SALT, ENZYMES), WATER, CREAM, SODIUM PHOSPHATE, ADDED COLOR, SALT, SODIUM ALGINATE], PARMESAN CHEESE [PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES, ANTI-CAKING AGENT (POTATO STARCH, POWDERED CELLULOSE, NATAMYCIN)], WATER, CORN STARCH, CHIVES, SOYBEAN OIL, SEA SALT, GROUND BLACK PEPPER, PAPRIKA [PAPRIKA POWDER, WITH <2% NATURAL ANTIOXIDANT]
Pretzel Sub	PRETZEL BUN [ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, SUGAR, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOY POWDER, YEAST, SALT, CULTURED WHEAT FLOUR, VINEGAR, ENZYMES, ASCORBIC ACID, SURFACE FINISHING AGENT (LYE), SOY LECITHIN (PROCESSING AID).], TURKEY [TURKEY BREAST, TURKEY BROTH AND 2% OR LESS OF: SALT, SUGAR, CARRAGEENAN, SODIUM CITRATE, SODIUM PHOSPHATE, SODIUM DIACETATE], SLICED HAM (CURED WITH WATER, SALT, SODIUM PHOSPHATE, POTASSIUM ACETATE, SODIUM ERYTHORBATE, POTASSIUM DIACETATE, SODIUM NITRITE), PROVOLONE CHEESE [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES].
Ham and Swiss on a Sub Roll	FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, PORASSIUM BROMATE, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID). SLICED HAM (CURED WITH WATER, SALT, SODIUM PHOSPHATE, POTASSIUM ACETATE, SODIUM ERYTHORBATE, POTASSIUM DIACETATE, SODIUM NITRATE). SWISS CHEESE (PASTURIZED PART-SKIM MILK, CHEESE CULTURE, SALT, ENZYMES). WATER, BAK CRISP BASE [SALT, SOYBEAN OIL, DEXTROSE, SUGAR, MONO AND DIGLYCERIDES, CORN STARCH, DEFATTED SOY FLOUR AND 2% OR LESS OR EACH OF THE FOLLOWING: POTASSIUM BROMATE, ASCORBIC ACID (VITAMIN C) L-CYSTEINE HYDROCHLORIDE, ENZYMES], YEAST, IM-POROVE 200 NO ADA [ENRIGHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), DIACETYL TARTARIC ACID ESTERS OF MONO-DIGLYCERIDES (DATEM) AND 2% OR LESS OR EACH OF THE FOLLOWING: SOYBEAN OIL, ASCORBIC ACID (VITAMIN C) L-CYSTEINE HYDROCHLORIDE, ENZYMES], DYN-A-MAX [WATER, MONO-AND DIGLYCERIDES, ETHOXYLATED ONO-AND DIGLYCERIDES AND 2% OR LESS OF EACH OF THE FOLLOWING: POLYSORBATE 60, PRESERVATIVES (PHOSPHORIC ACID, SODIUM PROPIONATE)], WHEAT GLUTEN, CALCIUM PROPIONATE.
Caprese Panini	FRENCH BAGUETTE BREAD [UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN,K FOLIC ACID), WATER, SOUR CULTURE, SALT, YEAST, SEMOLINA], FRESH SLICED MOZZARELLA [PASTURIZED MILK, VINEGAR, ENZYMES, SALT], BASIL, CANOLA OIL, WATER, PARMESAN CHEESE (PASTURIZED PART SKIMMED COWS, CHEESE CULTURE, SALT, ENZYMES), GRANULATED GARLIC, SALT] DICED TOMATOES (TOMATOES, TOMATO JUICE, LESS THAN 2% OF: SALT, CALCIUM CHORIDE, CITRIC ACID, SODIUM METABISULFITE, SODIUM BENZOATE, POTASSIUM SORBATE] VINE RIPENED TOMATOES, BROWN SUGAR, GARLIC POWDER, SALT (SALT, YELLOW PRUSSIAE OF SODA), GROUND BASIL, BLACK PEPPER.
Sliced Plain Bagel	FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR), WATER, SUGAR, CONTAINS LESS THAN 2 % OF EACH OF THE FOLLOWING: SALT, DEGERMINATED YELLOW CORN MEAL, YEAST, GUAR & XANTHAN GUM BLEND, INACTIVE DRY YEAST, SOYBEAN OIL, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, ENZYMES.
Sliced Everything Bagel	FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR), WATER, SUGAR, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SALT, SESAME SEEDS, POPPY SEEDS, DEHYDRATED ONION, DEHYDRATED GARLIC, WHEAT FLOUR, MOLASSES, YEAST, VINEGAR, CULTURED WHEAT STARCH, ENZYMES, MALTED BARLEY FLOUR, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER, CORN PROTEIN
Oatmeal Cream Pie	VEGAN BUTTER, WATER, SALT, PEA PROTEIN, SOY LECITHIN, CITRIC ACID, VITAMIN A PALMITATE, NATURAL FLAVOR, BETA CAROTENE, FLOUR, BAKING, GLUTEN FREE, POWDERED SUGAR, OATS - ROLLED, INSTANT & DRY, BROWN SUGAR, PLANT BASED EGG, SOY MILK, DARK CORN SYRUP, TAPIOCA SYRUP SOLIDS, TETRASSODIUM PYROPHOSPHATE, TRANSGLUTAMINASE, NISIN, SALT, SODIUM BENZOATE, VANILLA, BAKING SODA, SALT, GROUND NUTMEG

Cookie Chocolate Chunk	WHEAT FLOUR, CHOCOLATE CHIPS [SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, SOY LECITHIN (AN EMULSIFIER), NATURAL VANILLA EXTRACT, MILK], MARGARINE [VEGETABLE OIL BLEND (PALM OIL & SOYBEAN OIL), WATER, SALT, CONTAINS LESS THAN 2% OF SOY LECITHIN, VEGETABLE MONO & DIGLYCERIDES, POTASSIUM SORBATE (A PRESERVATIVE) CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR), VITAMIN A PALMITATE ADDED, WHEY], SUGAR, BROWN SUGAR, WHOLE EGGS, WATER, VANILLA [WATER, ARTIFICIAL FLAVOR, CARAMEL COLOR, CITRIC ACID, SODIUM BENZOATE], BAKING SODA, SALT (SALT, YELLOW PRUSSIAN OF SODA), BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORNSTARCH, AND MONOCALCIUM PHOSPHATE), DARK CORN SYRUP [DARK CORN SYRUP, REFINERS' SYRUP, CARAMEL FLAVOR, SALT, SODIUM BENZOATE (USED TO PROTECT QUALITY), CARAMEL COLOR].
Cinnamon Roll Donut	ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, ENZYME, RIBOFLAVIN, FOLIC ACID), WATER, PALM OIL, ISOMALTULOSE, SUGAR, SOYBEAN OIL, YEAST, DEXTROSE, CONTAINS LESS THAN 2% OF THE FOLLOWING: CINNAMON, MALTODEXTRIN, SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), DEFATTED SOY FLOUR, MONO AND DIGLYCERIDES, WHEY (A MILK DERIVATIVE), COLORED WITH (BETA CAROTENE), ENZYMES, EGGS, CORN SYRUP, NATURAL FLAVOR, TO PRESERVE FRESHNESS (CALCIUM PROPIONATE, POTASSIUM SORBATE), CELLULOSE GUM, GUAR GUM, CARRAGEENAN, CITRIC ACID, SODIUM STEAROYL LACTYLATE, WHEAT STARCH, GELLAN GUM, SODIUM CITRATE, ASCORBIC ACID ADDED AS A DOUGH CONDITIONER.
Foxtail Cookie	FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, POTASSIUM BROMATE, THIAMIN MONONITRATE, RIBOFLAVIN, ENZYME FOLIC ACID], POWDERED SUGAR [SUGAR, CORNSTARCH], SUGAR, BUTTER, UNSALTED WHOLE EGGS, WATER, MERINGUE POWDER [CORN STARCH, EGG WHITES, SUGAR, GUM ARABIC, CALCIUM SULPHATE, CITRIC ACID, POTASSIUM ACID TARTRATE, ARTIFICIAL FLAVOR, SILICON DIOXIDE], VANILLA [WATER, ARTIFICIAL FLAVOR, CARAMEL COLOR, CITRIC ACID, SODIUM BENZOATE].
Bacon & Cheese Egg Bite (1 piece)	WHOLE EGGS, COTTAGE CHEESE (CULTURED SKIM MILK, WHEY PROTEIN CONCENTRATE, CREAM, SKIM MILK, CONTAINS 2% OR LESS OF SALT, GUAR GUM, MONO AND DIGLYCERIDES, CAROB BEAN GUM, NATURAL FLAVOR, POTASSIUM SORBATE (TO PRESERVE FRESHNESS), CARRAGEENAN, POLYSORBATE 80, ENZYMES), BACON BITS (CURED WITH WATER, SALT, SUGAR, SMOKE FLAVORING, SODIUM PHOSPHATES, SODIUM ERYTHORBATE, SODIUM NITRITE), PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, SODIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE, SALT, APOCAROTENAL (COLOR), POTASSIUM SORBATE AND NATAMYCIN (PRESERVATIVES)), PASTEURIZED PROCESS MONTEREY JACK CHEESE (MONTEREY JACK CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, SODIUM PHOSPHATE, SALT, SODIUM HEXAMETAPHOSPHATE), MODIFIED FOOD STARCH, XANTHAN GUM, CITRIC ACID.
Three Cheese Egg Bite (1 piece)	WHOLE EGGS, COTTAGE CHEESE (CULTURED SKIM MILK, WHEY PROTEIN CONCENTRATE, CREAM, SKIM MILK, CONTAINS 2% OR LESS OF SALT, GUAR GUM, MONO AND DIGLYCERIDES, CAROB BEAN GUM, NATURAL FLAVOR, POTASSIUM SORBATE (TO PRESERVE FRESHNESS), CARRAGEENAN, POLYSORBATE 80, ENZYMES), PASTEURIZED PROCESS CHEDDAR CHEESE (CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, SODIUM PHOSPHATE, SODIUM HEXAMETAPHOSPHATE, SALT, APOCAROTENAL (COLOR), POTASSIUM SORBATE AND NATAMYCIN (PRESERVATIVES)), PASTEURIZED PROCESS MONTEREY JACK CHEESE (MONTEREY JACK CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, MILKFAT, SODIUM PHOSPHATE, SALT, SODIUM HEXAMETAPHOSPHATE), MODIFIED FOOD STARCH, XANTHAN GUM, CITRIC ACID.
Cake Pop - Birthday Cake	WHITE CHOCOLATE (SUGAR, COCOA BUTTER, MILK INGREDIENTS, SOY LECITHIN, VANILLA EXTRACT), SUGAR, LIQUID WHOLE EGG, ALL PURPOSE UNBLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, ASCORBIC ACID, THIAMINE, RIBOFLAVIN, AMYLASE, FOLIC ACID), WATER, CAKE BLEND (MODIFIED MILK INGREDIENTS, ENRICHED UNBLEACHED WHEAT FLOUR, BAKING POWDER, RICE FLOUR, SUGAR, DEXTROSE, MODIFIED CORN STARCH, EGG WHITE POWDER, SALT, POLYGLYCEROL ESTERS OF FATTY ACIDS, CORN STARCH, XANTHAN GUM, NATURAL FLAVOUR), RAINBOW CONFECTIONERY (SUGAR, CORN STARCH, GLUCOSE, TITANIUM DIOXIDE, FD & C ARTIFICIAL COLOURS (RED # 40, YELLOW # 5, YELLOW # 6, RED # 3, BLUE # 1), CARNAUBA WAX), CANOLA OIL, ICING SUGARS (REFINED SUGAR, CORN STARCH), SHELF LIFE EXTENDER (VINEGAR, TARTARIC ACID, GUM ACACIA, DEXTROSE, STEVIA EXTRACT, NATURAL FLAVOURS, ENRICHED WHEAT FLOUR, SALT), BUTTER FLAVOUR (NATURAL AND ARTIFICIAL FLAVOUR, PROPYLENE GLYCOL, ESSENTIAL OILS), POWER FLOWER RED(COCOA BUTTER, CARMINE COLOR), POWER FLOWER WHITE(COCOA BUTTER, TITANIUM DIOXIDE COLOR).
Cake Pop - Cookies & Cream	WHITE CHOCOLATE (SUGAR, COCOA BUTTER, MILK INGREDIENTS, SOY LECITHIN, VANILLA EXTRACT), WATER, SUGAR, ALL PURPOSE UNBLEACHED FLOUR (WHEAT FLOUR, NIACIN, IRON, ASCORBIC ACID, THIAMINE, RIBOFLAVIN, AMYLASE, FOLIC ACID), LIQUID WHOLE EGG, COOKIES CHUNKS (WHEAT FLOUR, SUGAR, MODIFIED PALM OIL, VEGETABLE OIL, COCOA, GLUCOSE-FRUCTOSE, WHEAT AND/OR CORNSTARCH, SALT, SOY LECITHIN, BAKING SODA, AMMONIUM BICARBONATE, UNSWEETENED CHOCOLATE, ARTIFICIAL FLAVOUR), DARK CHOCOLATE (UNSWEETENED CHOCOLATE, SUGAR, COCOA BUTTER, SOY LECITHIN, VANILLA EXTRACT), ICING SUGARS (REFINED SUGAR, CORN STARCH), CAKE BLEND (MODIFIED MILK INGREDIENTS, ENRICHED UNBLEACHED WHEAT FLOUR, BAKING POWDER, RICE FLOUR, SUGAR, DEXTROSE, MODIFIED CORN STARCH, EGG WHITE POWDER, SALT, POLYGLYCEROL ESTERS OF FATTY ACIDS, CORN STARCH, XANTHAN GUM, NATURAL FLAVOUR), CANOLA OIL, OAT MILK (WATER, OAT, GRAPESEED OIL, TRICALCIUM PHOSPHATE, CALCIUM CARBONATE, SALT), COCOA POWDER PROCESSED WITH ALKALI, SHELF LIFE EXTENDER (VINEGAR, TARTARIC ACID, GUM ACACIA, DEXTROSE, STEVIA EXTRACT, NATURAL FLAVOURS, ENRICHED WHEAT FLOUR, SALT), CHOCOLATE COOKIE CRUMBS (ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, COCOA PROCESSED WITH ALKALI, HIGH FRUCTOSE CORN SYRUP, CORN FLOUR,SALT, DEXTROSE, SODIUM BICARBONATE, SOY LECITHIN).

BAGELS	INGREDIENTS
Asiago Bagel	High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mono nitrate, riboflavin) water, malt, salt, esl & improve 200 (corn flour, mono calcium phosphate, L-cysteine hydrochloride, potassium bromate), yeast. Cheese mozzarella.
Everything Bagel	High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mono nitrate, riboflavin) water, malt syrup, sugar, salt, soybean oil, esl, improve 200 (corn flour, mono calcium phosphate, L-cysteine hydrochloride, potassium bromate), guar gum, calcium propionate, yeast. Toppings: sesame, onions, poppy, garlic, salt, oats.
Jalapeno Cheddar Bagel	High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mono nitrate, riboflavin) water, malt syrup, sugar, salt, soybean oil, esl, improve 200 (corn flour, mono calcium phosphate, L-cysteine hydrochloride, potassium bromate), guar gum, calcium propionate, yeast. Jalapenos, cheddar cheese.
Multigrain Bagel	Toppings: Sesame, Oats, Sunflower Seeds, Flax seeds. High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mononitrate, riboflavin), water, malt, sugar, salt, soybean oil, prune lekvar, esl, improve 200 (corn flour, monocalcium phosphate, L-cysteine hydrochloride, potassium bromate), guar gum, caramel color, calcium propionate, yeast.
Plain Bagel	High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mono nitrate, riboflavin) water, malt syrup, sugar, salt, soybean oil, esl, improve 200 (corn flour, mono calcium phosphate, L-cysteine hydrochloride, potassium bromate), guar gum, calcium propionate, yeast.
Sesame Bagel	Toppings: Sesame High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mononitrate, riboflavin), water, malt, sugar, salt, soybean oil, prune lekvar, esl, improve 200 (corn flour, monocalcium phosphate, L-cysteine hydrochloride, potassium bromate), guar gum, caramel color, calcium propionate, yeast.
Cinnamon Raisin Bagel	High gluten flour (enriched wheat flour, potassium bromate, niacin, reduced iron, thiamine mono nitrate, riboflavin), water, salt, reddi, esl & improve 200 (corn flour, mono calcium phosphate, L-cysteine hydrochloride, potassium bromate), cinnamon, raisins
BAGEL SANDWICHES	INGREDIENTS
Good Morning Bagel	PLAIN BAGEL ("High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mono nitrate, riboflavin) water, malt syrup, sugar, salt, soybean oil, esl, improve 200 (corn flour, mono calcium phosphate, L-cysteine hydrochloride, potassium bromate), guar gum, calcium propionate, yeast.) Eggs, AMERICAN CHEESE (Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (preservative), Citric Acid, Enzymes, Soy Lecithin, Apo Carotenal And Beta Carotene (color).)
Turkey Avocado	PLAIN BAGEL ("High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mono nitrate, riboflavin) water, malt syrup, sugar, salt, soybean oil, esl, improve 200 (corn flour, mono calcium phosphate, L-cysteine hydrochloride, potassium bromate), guar gum, calcium propionate, yeast.) TURKEY (Turkey Breast Meat, Water, Salt, Sugar, Modified Cornstarch, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.) Hass Avocados, Baby Arugula, CHIVE CC (Fresh Chives, Pasteurized Milk And Cream, Whey Protein Concentrate, Modified Food Starch, Salt, Cheese Culture, Guar Gum, Lactic Acid, Carob Bean Gum, Xanthan Gum, Natamycin (a Natural Mold Inhibitor)) , Tomatoes,
Avocado Veggie	PLAIN BAGEL ("High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mono nitrate, riboflavin) water, malt syrup, sugar, salt, soybean oil, esl, improve 200 (corn flour, mono calcium phosphate, L-cysteine hydrochloride, potassium bromate), guar gum, calcium propionate, yeast.) Hass Avocados, Baby Arugula, CHIVE CC (Fresh Chives, Pasteurized Milk And Cream, Whey Protein Concentrate, Modified Food Starch, Salt, Cheese Culture, Guar Gum, Lactic Acid, Carob Bean Gum, Xanthan Gum, Natamycin (a Natural Mold Inhibitor)) , Tomatoes,
Upstream	PLAIN BAGEL ("High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mono nitrate, riboflavin) water, malt syrup, sugar, salt, soybean oil, esl, improve 200 (corn flour, mono calcium phosphate, L-cysteine hydrochloride, potassium bromate), guar gum, calcium propionate, yeast.) Baby Arugula, CHIVE CC (Fresh Chives, Pasteurized Milk And Cream, Whey Protein Concentrate, Modified Food Starch, Salt, Cheese Culture, Guar Gum, Lactic Acid, Carob Bean Gum, Xanthan Gum, Natamycin (a Natural Mold Inhibitor)) SALMON (Salmon, Salt, Sodium Nitrite)

Smokey	PLAIN BAGEL ("High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mono nitrate, riboflavin) water, malt syrup, sugar, salt, soybean oil, esl, improve 200 (corn flour, mono calcium phosphate, L-cysteine hydrochloride, potassium bromate), guar gum, calcium propionate, yeast.) Eggs, AMERICAN CHEESE (Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (preservative), Citric Acid, Enzymes, Soy Lecithin, Apo Carotenal And Beta Carotene (color).) GRILLED ONIONS (Onions, salt, pepper), SALMON (Salmon, Salt, Sodium Nitrite)
Florida PB&J	PLAIN BAGEL ("High gluten flour (enriched wheat flour potassium bromate, niacin, reduced iron, thiamine mono nitrate, riboflavin) water, malt syrup, sugar, salt, soybean oil, esl, improve 200 (corn flour, mono calcium phosphate, L-cysteine hydrochloride, potassium bromate), guar gum, calcium propionate, yeast.) GUAVA CC (Guava, Pasteurized Milk And Cream, Whey Protein Concentrate, Modified Food Starch, Salt, Cheese Culture, Guar Gum, Lactic Acid, Carob Bean Gum, Xanthan Gum, Natamycin (a Natural Mold Inhibitor)), PEANUT BUTTER (Roasted Peanuts, Sugar, Hydrogenated Vegetable Oil (cottonseed, Soybean And Rapeseed Oil), Salt.) BANANA CHIPS (Bananas, Coconut Oil, Sugar, Natural Banana Flavor.)
ADDITIONAL ADD ONS	INGREDIENTS
Egg (4oz)	Eggs
American Cheese (2 slices)	Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (preservative), Citric Acid, Enzymes, Soy Lecithin, Apo Carotenal And Beta Carotene (color).
Cheddar (2 slices)	Pasteurized Milk, Cheese Culture, Salt, Enzymes.
Bacon (2 slices)	Pork, Cured With Water, Salt, Sugar, Sodium Phosphate, Smoked Sugar, Sodium Erythorbate, Sodium Nitrite.
Sausage (4.75 oz)	Pork, Water, Contains 2% Or Less Of: Salt, Sugar, Spices, Flavorings, salt, pepper, red pepper, honey, cinnamon, garlic, nutmeg, brown sugar, ginger
Turkey (3 oz)	Turkey Breast Meat, Water, Salt, Sugar, Modified Cornstarch, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.
Salmon (3oz)	Salmon, Salt, Sodium Nitrite
Arugula (1 cup)	Baby Arugula
Yellow Onion (1/4 cup)	Yellow Onion
Tomato (2 slices)	Tomatoes
Sea Salt (1/4 tsp)	Salt
Ground Pepper (1/4 tsp)	Ground black pepper
Banana Chips (3/8 cup)	Bananas, Coconut Oil, Sugar, Natural Banana Flavor.
CREAM CHEESE AND SPREADS	INGREDIENTS
Cream Cheese	Pasteurized Milk And Cream, Whey Protein Concentrate, Modified Food Starch, Salt, Cheese Culture, Guar Gum, Lactic Acid, Carob Bean Gum, Xanthan Gum, Natamycin (a Natural Mold Inhibitor)
Chive Cream Cheese	Fresh Chives, Pasteurized Milk And Cream, Whey Protein Concentrate, Modified Food Starch, Salt, Cheese Culture, Guar Gum, Lactic Acid, Carob Bean Gum, Xanthan Gum, Natamycin (a Natural Mold Inhibitor)
Honey Butter Cream Cheese	Honey, Cinnamon, Pasteurized Milk And Cream, Whey Protein Concentrate, Modified Food Starch, Salt, Cheese Culture, Guar Gum, Lactic Acid, Carob Bean Gum, Xanthan Gum, Natamycin (a Natural Mold Inhibitor)
Guava Cream Cheese	Guava, Pasteurized Milk And Cream, Whey Protein Concentrate, Modified Food Starch, Salt, Cheese Culture, Guar Gum, Lactic Acid, Carob Bean Gum, Xanthan Gum, Natamycin (a Natural Mold Inhibitor)
Vegan Cream Cheese	Filtered Water, Coconut Oil, Potato Starch, Salt (Sea Salt), Glucono-Delta-Lactone, Flavor (Vegan Sources), Olive Extract, Vitamin B12.
Vegan Chive Cream Cheese	Fresh Chives, Filtered Water, Coconut Oil, Potato Starch, Salt (Sea Salt), Glucono-Delta-Lactone, Flavor (Vegan Sources), Olive Extract, Vitamin B12.

Butter	Cream, Salt.
Peanut Butter	Roasted Peanuts, Sugar, Hydrogenated Vegetable Oil (cottonseed, Soybean And Rapeseed Oil), Salt.
Avocado	Hass Avocado.
GELATO SCOOPS	INGREDIENTS
Tahitian Vanilla - Gluten Free	MILK, CANE SUGAR, COCONUT OIL, CHICORY ROOT FIBER, DEXTROSE, WHEY PROTEIN CONCENTRATE, NATURAL FLAVORS, MONO- AND DIGLYCERIDES, SUCROSE ESTERS, LACTIC ACID ESTERS, CAROB GUM, VANILLA BEANS, GUAR GUM
Cookies and Creme	MILK, CANE SUGAR, COCONUT OIL, CHICORY ROOT FIBER, WHEAT FLOUR, DEXTROSE, 1.5% OR LESS OF NATURAL FLAVORS, SALT, COCOA (PROCESSED WITH ALKALI), PALM OIL, SOYBEAN OIL, CAROB GUM, GUAR GUM, BAKING SODA, SOY LECITHIN, WHEY PROTEIN CONCENTRATE, LACTIC ACID ESTERS, SUCROSE ESTERS, MONO-AND DIGLYCERIDES
Birthday Cake	MILK, CANE SUGAR, COCONUT OIL, CHICORY ROOT FIBER, DEXTROSE, 1.5% OR LESS OF EGG YOLK, NATURAL FLAVORS, COCOA, COCOA (PROCESSED WITH ALKALI), CANOLA OIL, PALM KERNEL AND PALM OIL, CAROB GUM, GUAR GUM, ANNATTO EXTRACT, SPIRULINA EXTRACT, TURMERIC, BETA-CAROTENE, PAPRIKA OLEORESIN (COLORS), SUNFLOWER LECITHIN, SOY LECITHIN, WHEY PROTEIN CONCENTRATE, LACTIC ACID ESTERS, SUCROSE ESTERS, MONO-AND DIGLYCERIDES.
Chocolate Classico - Gluten Free	MILK, CANE SUGAR, COCONUT OIL, INVERT SUGAR, DEXTROSE, COCOA (PROCESSED WITH ALKALI), WHEY PROTEIN CONCENTRATE, SODIUM CASEINATE, HONEY, EGG YOLK, MONO- AND DIGLYCERIDES, SUCROSE ESTERS, NATURAL FLAVORS, CAROB GUM, LACTIC ACID ESTERS, GUAR GUM.
Raspberry Cheesecake - Gluten Free	MILK, CANE SUGAR, COCONUT OIL, CHICORY ROOT FIBER, DEXTROSE, GLUCOSE, WHEY PROTEIN CONCENTRATE, CHEESE CULTURE, RASPBERRIES, MONO- AND DIGLYCERIDES, SUCROSE ESTERS, NATURAL FLAVORS, LACTIC ACID ESTERS, CAROB GUM, GUAR GUM, PECTIN, FRUIT AND VEGETABLE JUICE FOR COLOR
Mint Chocolate Chip - Gluten Free	MILK, CANE SUGAR, COCONUT OIL, CHICORY ROOT FIBER, DEXTROSE, LESS THAN 1.5% OF COCOA (PROCESSED WITH ALKALI), COCOA, NATURAL FLAVORS, CAROB GUM, GUAR GUM, SUNFLOWER LECITHIN, SUNFLOWER OIL, WHEY PROTEIN CONCENTRATE, LACTIC ACID ESTERS, SUCROSE ESTERS, MONO & DIGLYCERIDES, CERTIFIED FD&C COLOR (YELLOW #5, BLUE #1).
Sicilian Pistachio	MILK, CANE SUGAR, PISTACHIOS, CREAM, DEXTROSE, COCONUT OIL, GLUCOSE SYRUP SOLIDS, CAROB GUM, LACTIC ACID ESTER, SUCROSE ESTERS, GUAR GUM, NATURAL FLAVORS, HIMALAYAN SALT
Cashew-Based Salted Caramel - Gluten Free	CASHEWMILK (WATER, CASHEWS), CANE SUGAR, TAPIOCA SYRUP, COCONUT OIL, CHICORY ROOT FIBER, DEXTROSE, MALTODEXTRIN, NATURAL FLAVORS, MONO- AND DIGLYCERIDES, HIMALAYAN SALT, CAROB GUM, SUNFLOWER LECITHIN, CARAMEL COLOR, SALT, PEA PROTEIN, GUAR GUM.
Lemon Sorbetto - Gluten Free	WATER, CANE SUGAR, LEMON JUICE, CHICORY ROOT FIBER, DEXTROSE, MALTODEXTRIN, 0.5% OR LESS OF LEMON PEEL, NATURAL FLAVOR, COCONUT OIL, GLUCOSE, BETA CAROTENE (COLOR), CAROB GUM, GUAR GUM, PROPYLENE GLYCOL ALGinate, LACTIC ACID ESTERS, SUCROSE ESTERS, MONO-AND DIGLYCERIDES

Blue Monster	MILK, CANE SUGAR, COCONUT OIL, CHICORY ROOT FIBER, WHEAT FLOUR, FD&C COLOR (BLUE #1), DEXTROSE, 1.5% OR LESS OF NATURAL FLAVORS, SALT, COCOA (PROCESSED WITH ALKALI), SOYBEAN OIL, PALM OIL, CAROB GUM, GUAR GUM, SOY LECITHIN, BAKING SODA, WHEY PROTEIN CONCENTRATE, LACTIC ACID ESTERS, SUCROSE ESTERS, MONO-AND DIGLYCERIDES.
SINGLE SERVE AFFOGATO	
Pistachio-Matcha Affogato	Espresso: Arabica Coffee, filtered water, Matcha Syrup, MILK, CANE SUGAR, PISTACHIOS, CREAM, DEXTROSE, COCONUT OIL, GLUCOSE SYRUP SOLIDS, CAROB GUM, LACTIC ACID ESTER, SUCROSE ESTERS, GUAR GUM, NATURAL FLAVORS, HIMALAYAN SALT
The Choco Affogato	Espresso: Arabica Coffee, filtered water, MILK, CANE SUGAR, COCONUT OIL, INVERT SUGAR, DEXTROSE, COCOA (PROCESSED WITH ALKALI), WHEY PROTEIN CONCENTRATE, SODIUM CASEINATE, HONEY, EGG YOLK, MONO- AND DIGLYCERIDES, SUCROSE ESTERS, NATURAL FLAVORS, CAROB GUM, LACTIC ACID ESTERS, GUAR GUM.
Chai-Spice	Espresso: Arabica Coffee, filtered water, Chai: Chai: Water, Sugar, Natural Flavor, Organic Cane Sugar, Tea, Organic Spice Extracts, Organic Honey, Potassium Sorbate and Sodium Benzoate (Preservatives), MILK, CANE SUGAR, COCONUT OIL, CHICORY ROOT FIBER, DEXTROSE, WHEY PROTEIN CONCENTRATE, NATURAL FLAVORS, MONO- AND DIGLYCERIDES, SUCROSE ESTERS, LACTIC ACID ESTERS, CAROB GUM, VANILLA BEANS, GUAR GUM
The Traditional Affogato	Espresso: Arabica Coffee, filtered water, MILK, CANE SUGAR, COCONUT OIL, CHICORY ROOT FIBER, DEXTROSE, WHEY PROTEIN CONCENTRATE, NATURAL FLAVORS, MONO- AND DIGLYCERIDES, SUCROSE ESTERS, LACTIC ACID ESTERS, CAROB GUM, VANILLA BEANS, GUAR GUM
Lemon Sorbetto Affogato	Espresso: Arabica Coffee, filtered water, WATER, CANE SUGAR, LEMON JUICE, CHICORY ROOT FIBER, DEXTROSE, MALTODEXTRIN, 0.5% OR LESS OF LEMON PEEL, NATURAL FLAVOR, COCONUT OIL, GLUCOSE, BETA CAROTENE (COLOR), CAROB GUM, GUAR GUM, PROPYLENE GLYCOL ALGINATE, LACTIC ACID ESTERS, SUCROSE ESTERS, MONO-AND DIGLYCERIDES
Cafe Con Leche Affogato	Espresso: Arabica Coffee, filtered water, Condensed Milk, MILK, CANE SUGAR, COCONUT OIL, CHICORY ROOT FIBER, DEXTROSE, WHEY PROTEIN CONCENTRATE, NATURAL FLAVORS, MONO- AND DIGLYCERIDES, SUCROSE ESTERS, LACTIC ACID ESTERS, CAROB GUM, VANILLA BEANS, GUAR GUM
AFFOGATO FLIGHT SERVING	
Pistachio-Matcha Affogato	Espresso: Arabica Coffee, filtered water, Matcha Syrup, MILK, CANE SUGAR, PISTACHIOS, CREAM, DEXTROSE, COCONUT OIL, GLUCOSE SYRUP SOLIDS, CAROB GUM, LACTIC ACID ESTER, SUCROSE ESTERS, GUAR GUM, NATURAL FLAVORS, HIMALAYAN SALT
The Choco Affogato	Espresso: Arabica Coffee, filtered water, MILK, CANE SUGAR, COCONUT OIL, INVERT SUGAR, DEXTROSE, COCOA (PROCESSED WITH ALKALI), WHEY PROTEIN CONCENTRATE, SODIUM CASEINATE, HONEY, EGG YOLK, MONO- AND DIGLYCERIDES, SUCROSE ESTERS, NATURAL FLAVORS, CAROB GUM, LACTIC ACID ESTERS, GUAR GUM.
Chai-Spice	Espresso: Arabica Coffee, filtered water, Chai: Chai: Water, Sugar, Natural Flavor, Organic Cane Sugar, Tea, Organic Spice Extracts, Organic Honey, Potassium Sorbate and Sodium Benzoate (Preservatives), MILK, CANE SUGAR, COCONUT OIL, CHICORY ROOT FIBER, DEXTROSE, WHEY PROTEIN CONCENTRATE, NATURAL FLAVORS, MONO- AND DIGLYCERIDES, SUCROSE ESTERS, LACTIC ACID ESTERS, CAROB GUM, VANILLA BEANS, GUAR GUM
The Traditional Affogato	Espresso: Arabica Coffee, filtered water, MILK, CANE SUGAR, COCONUT OIL, CHICORY ROOT FIBER, DEXTROSE, WHEY PROTEIN CONCENTRATE, NATURAL FLAVORS, MONO- AND DIGLYCERIDES, SUCROSE ESTERS, LACTIC ACID ESTERS, CAROB GUM, VANILLA BEANS, GUAR GUM
Lemon Sorbetto Affogato	Espresso: Arabica Coffee, filtered water, WATER, CANE SUGAR, LEMON JUICE, CHICORY ROOT FIBER, DEXTROSE, MALTODEXTRIN, 0.5% OR LESS OF LEMON PEEL, NATURAL FLAVOR, COCONUT OIL, GLUCOSE, BETA CAROTENE (COLOR), CAROB GUM, GUAR GUM, PROPYLENE GLYCOL ALGINATE, LACTIC ACID ESTERS, SUCROSE ESTERS, MONO-AND DIGLYCERIDES
Cafe Con Leche Affogato	Espresso: Arabica Coffee, filtered water, Condensed Milk, MILK, CANE SUGAR, COCONUT OIL, CHICORY ROOT FIBER, DEXTROSE, WHEY PROTEIN CONCENTRATE, NATURAL FLAVORS, MONO- AND DIGLYCERIDES, SUCROSE ESTERS, LACTIC ACID ESTERS, CAROB GUM, VANILLA BEANS, GUAR GUM